

Troop 23 Scout Skills Review

(Revised 10-27-11)

- This Skills Review is to be done by the 1st Class and Life Scout candidate with an Eagle Scout adult leader, before the Scout's 1st Class and Life Scout Scoutmaster Conference.
- The Scout must bring all required materials, tools and supplies needed to pass each requirement. He must Be Prepared!
- Minimum passing score is 85%. If the reviewer does not feel the Scout knows the material, the Scout will be asked to learn the material and come back again another time.
- Our desire is that each Troop 23 1st Class Scout is well trained in all basic Scouting Skills, and that he can, in turn, teach other Scouts those skills. We also desire that our potential Eagle Scouts (Life Scout candidates) demonstrate superior Scout Skills. We believe that this Troop 23 Scout Skills review will help achieve these goals.

FIRST AID (15 points)

Tenderfoot (Req. 12a,b)

1. Demonstrate how to care for someone who is choking. (pp134-135)
2. Tell about first aid for the following:
 - Simple cuts and scrapes (p136)
 - Blisters on the hand and foot (p137)
 - Minor (thermal/heat) burns or scalds (superficial, or first degree) (p148)
 - Bites and stings of insects and ticks (pp142-143)
 - Nosebleed (p138)
 - Frostbite and sunburn (pp150,152)
 - Know National Poison Control Hotline – post to cell phone and near home phone (p169)

Second Class (Req. 7a,b,c)

4. Tell what to do for "hurry" cases of stopped breathing, serious bleeding, and ingested poisoning. (pp162-170)
5. Show your personal first aid kit that you take with you on a hike. You must bring and show your personal First Aid Kit. (p127)
6. Tell what to do for the following:
 - Object in the eye (p145)
 - Bite of a suspected rabid animal (p140)
 - Puncture wounds from a splinter, nail, and fishhook (pp145-146)
 - Serious burns (partial thickness, or second degree) (pp148-149)
 - Heat exhaustion (p150)
 - Shock (pp170-171)
 - Heatstroke, dehydration, hypothermia, and hyperventilation (pp147-148,151-152)

First Class (Req. 8b,c,d)

7. Demonstrate bandages for a: (pp155,157-161)

- sprained ankle and
 - for injuries on the head,
 - the upper arm, and
 - the collarbone.
8. Show how to transport by yourself, and with one other person, a person: (pp173-175)
 - from a smoke-filled room
 - with a sprained ankle, for at least 25 yards.
 9. Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR). (pp164-166)

KNOTS (15 points)

Tenderfoot (Req. 4a,b,c)

1. Demonstrate how to whip and fuse the ends of a rope. (pp380-381)
2. Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch. (pp384-385)
3. Demonstrate that you know how to tie the square knot. (p21)

First Class (Req. 7a & 8a)

4. Discuss when you should and should not use lashings. Then demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together. (pp386-387,392-398)
5. Demonstrate tying the bowline knot and describe several ways it can be used. (pp388-389)

FIRE (10 points)

Second Class (Req. 3c,e,f)

1. Describe proper care and use of the saw and ax, and describe when they should be used. Demonstrate proper care, sharpening and use of your knife. (pp402-409)
2. Discuss when it is appropriate to use a cooking fire. Discuss the safety procedures for fire building. (p325)
3. Demonstrate how to build a fire. (pp410-414)

COMPASS (10 points)

Second Class (Req. 1a)

1. Demonstrate how a compass works and how to orient a map. You will be tested by being given a few objects upon which to take bearings, and a few bearings from which to locate objects or locations. (pp361-364)

First Class (Req. 1 & 2)

2. Describe how to find directions during the day and at night without using a compass. (pp368-371)
3. Measure the height and/or width of designated items (tree, tower, canyon, ditch, etc.). You must know your pace, and you must be able to measure a designated item at a distance. (pp346-351)

SWIMMING (10 points)

Second Class (Req. 8c)

1. Demonstrate (on dry land) water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim. (pp196-199)

First Class (Req. 9c)

2. With a helper and a practice victim, show (on dry land) a line rescue both as tender and rescuer. The practice victim should be approximately 30 feet away. (p199)

FLAG (10 points)

Tenderfoot (Req. 6)

1. Describe how to display, raise and lower the American flag. Demonstrate how to properly fold an American flag. (pp72-76)

Second Class (Req. 4)

2. Explain to your leader what respect is due the flag of the United States. (pp72-76)

HIKING/LEAVE NO TRACE (5 Points)

Tenderfoot (Req. 5)

1. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost. (pp278-279,282-283)

Second Class (Req. 2)

2. Discuss the principles of "Leave No Trace" camping and outdoor activities. (pp247-256,277)

PERSONAL SAFETY and RESPONSIBILITY (5 points)

Tenderfoot (Req. 9)

1. Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Describe what a bully is and how you should respond to one. (pp39,62)

Second Class (Req. 9b)

2. Explain the three R's of personal safety and protection. (p65)

First Class (Req. 5)

3. Discuss your constitutional rights and obligations as a United States citizen. (pp70-72)

PLANTS/ANIMALS (5 points)

Tenderfoot (Req. 11)

1. Identify local poisonous plants; tell how to treat for exposure to them. You will need to describe the poisonous plants if it isn't the growing season. (pp138-139)

COOKING (10 points)

Tenderfoot (Req. 3)

1. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together. (pp325-326)

Second Class (Req. 3g)

2. Tell how to transport, store, and prepare the foods you selected for a campout. (pp316-323, 329,339)

First Class (Req. 4d)

3. Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to do KP properly. (pp327-329)

CAMPING (5 points)

Tenderfoot (Req. 1)

1. Present yourself to your leader, properly dressed, as if going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it. (pp292-293,297-299)

Troop 23 Scout Skills Review Scoring Matrix

Scout name:

Candidate for (circle one): *1st Class* or *Life Scout*

Date:

Reviewer:

Scoring

<u>Topic</u>	<u>Available Points</u>	<u>Points earned</u>
First Aid	15	
Knots	15	
Fire	10	
Compass and Orienteering Skills	10	
Swimming and Water Safety	10	
Flag	10	
Hiking and Leave No Trace	5	
Personal Safety and Responsibility	5	
Plants / Animals	5	
Cooking	10	
Camping	5	
Extra Credit	5	
Totals	100	

Score:

Points earned / 100 = % score

Must earn an 85% or greater to pass.

Turn this sheet in to the Advancement Chairman prior to your 1st Class or Life Scout Scoutmaster Conference being scheduled.